

THURSDAY YOUTH JUDO

			CLASS TOPIC	INSTRUCTORS
9:00AM	9:15AM		LINE UP	
9:15AM	9:35AM	1	Instructor Choice	SENSEI RYAN
9:40AM	10:00AM	2	Break Falls	SENSEI JASON R
10:05AM	10:25AM	3	Super Hero Training	SENSEI DARIAN STOKES
10:25AM	10:35AM		BREAK 1	
10:40AM	11:00AM	4	Basic Judo	SENSEI TRAVIS SAYRE
11:05AM	11:25AM	5	Judo Games	SENSEI MARK HUNTER
11:30AM	11:50AM	6	Focus Skills	PROFESSOR TOM RYAN
11:50AM	12:30PM		LUNCH	
12:35PM	12:55PM	7	How To Test (Promotion)	SENSEI GARY & HELPERS
1:00PM	1:20PM	8	Refreeing 1	SENSEI CHRIS COLLINS
1:25PM	1:45PM	9	Refereeing Matches	SENSEI CHRIS COLLINS
1:45PM	1:55PM		BREAK 2	
2:00PM	2:20PM	10	Ne Waza	SENSEI LYNN
2:25PM	2:45PM	11	Instructor Choice	SENSEI JASON R
2:50PM	3:10PM	12	Kumi Kata	SENSEI DARIAN STOKES
3:10PM	3:20PM		BREAK 3	
3:25PM	3:45PM	13	Instructor Choice	SENSEI RYAN
3:50PM	4:10PM	14	Kata Overview	SENSEI JEFF GUNTA/ SENSEI HEIKO ROMMELMANN
4:15PM	4:35PM	15	Instructor Choice	SENSEI LYNN
4:40PM	5:00PM	16	Judo into BJJ	SENSEI SCOTT ALTGILBERS
5:00PM	6:30PM		DINNER	
6:45PM	8:30PM		POOL PARTY/MOVIE NIGHT (Quality Inn 12047 Guion Lane, Matthews, NC 28105)	

FRIDAY YOUTH JUDO

TIMES			CLASS TOPIC	INSTRUCTORS
7:30AM	8:30AM		2K CHALLENGE	
9:00AM	9:15AM		LINE UP	
9:15AM	9:35AM	1	Nage Waza	SENSEI LYNN
9:40AM	10:00AM	2	Instructor Choice	SENSEI MIKE SZREJTER
10:05AM	10:25AM	3	Drills	SENSEI DARIAN STOKES
10:25AM	10:35AM		BREAK 1	EVERYONE
10:40AM	11:00AM	4	Judo Games	SENSEI MARK HUNTER
11:05AM	11:25AM	5	THE WALL	SENSEI MARK HUNTER
11:30AM	11:50AM	6	Self - Defense for Kids	SENSEI TOM REIFF
11:50AM	12:30PM		LUNCH	
12:35PM	12:55PM	7	Olympics Training	SENSEI RYAN
1:00PM	1:20PM	8	Kesa Gatame and Escapes	SENSEI JASON R
1:25PM	1:55PM	9	Seoi- Nage	PROFESSOR JEON
2:00PM	2:20PM	10	Refereeing 2	SENSEI CHRIS COLLINS
2:25PM	2:45PM	11	Instructor Choice	SENSEI JASON R
2:50PM	3:10PM	12	Super Hero Theme	SENSEI DARIAN STOKES
3:10PM	3:20PM		BREAK 2	EVERYONE
3:25PM	3:45PM	13	Wrestling	SENSEI COLE STANLEY
3:50PM	4:10PM	14	Tournament Training	SENSEI DARIAN STOKES
4:15PM	4:35PM	15	Randori	SENSEI DARIAN STOKES
4:40PM	5:00PM	16	Super Hero	SUPER HERO PREP
5:00PM	6:30PM		DINNER	
6:45PM	8:30PM		NINJA CHALLENGE/SUPER HEROES - VENUE	

SATURDAY YOUTH JUDO

TIMES			CLASS TOPIC	INSTRUCTORS
9:00AM	9:15AM		LINE UP	
9:15AM	9:35AM	1	Bag of Fun	SENSEI RYAN
9:40AM	10:00AM	2	Drills	SENSEI JASON R
10:05AM	10:25AM	3	Instructor Choice	SENSEI DARIAN STOKES
10:25AM	10:35AM		BREAK 1	
				EVERYONE
10:40AM	11:00AM	4	Judo Games	SENSEI MARK HUNTER
11:05AM	11:25AM	5	Super Hero Wrap Up	SENSEI DARIAN STOKES
11:30AM	11:50AM	6	Swords	SENEI BARRY STEBBINS
11:50AM	12:30PM		LUNCH	
12:35PM	12:55PM	7	Instructor Choice	SENSEI LYNN
1:00PM	1:20PM	8	Instructor Choice	PROFESSOR TOM RYAN
1:25PM	1:55PM	9	How To Win	PROFESSOR JEON
2:00PM	2:20PM	10	BJJ Basics	SENSEI SCOTT A
2:25PM	2:45PM	11	Osae Komi Waza	SENSEI JASON R
2:50PM	3:10PM	12	Instructor Choice	SENSEI GUTIERREZ
3:10PM	3:20PM		BREAK 2	
				EVERYONE
3:25PM	3:45PM	13	Craft/Photo Project	ALL
3:50PM	4:10PM	14	Jujitsu for Kids	SENSEI TOM REIFF
4:15PM	4:35PM	15	Instructor Choice	SENSEI TRAVIS S
4:40PM	5:00PM		SNOW PARTY/CAMP END	
5:00PM			DINNER	