




THURSDAY

 Thursday	Judo Senior Mat #1 Pat Szejter		Kids 6-7 Red Mat Mike Szejter & Bill Andreas		Kids 8-10 Blue Mat Mike Szejter & Bill Andreas	
	Morning	Instructor	Subject	Instructor	Subject	Instructor
9:00 - 9:20	Line-Up (Bow In)		LineUp (Bow In)		Line-Up (Bow In)	
9:20 - 9:40	Stan Wentz - Weird Throws		Break \ Kidz Zone		Igor Yakimov	Matwork Fundamentals
9:40 - 10:00			Neil Adams	Throwing Fundamentals	Break \ Kidz Zone	
10:00 - 10:20	Pat Burris - Matwork Fundamentals		Break \ Kidz Zone		Darien Stokes	Matwork Counters and Escapes
10:20 - 10:40			Gus Carper & Bill Andreas	Matwork Fundamentals	Break \ Kidz Zone	
10:40 - 11:00	Neil Adams - Principles of Gripping (Orthodox vs. Unorthodox)		Break \ Kidz Zone		Mike Szejter & Mindy Buehman	Turning the Turtle
11:00 - 11:20			Tom Reiff	Instructor's Choice	Break \ Kidz Zone	
10:40 - 11:00			Break \ Kidz Zone		Break \ Kidz Zone	
11:00 - 11:20	Break \ Kidz Zone		Break \ Kidz Zone		Break \ Kidz Zone	
Noon - 12:20 12:20 - 12:40 12:40 - 1:00	Lunch on site		Lunch on site		Lunch on site	
1:00 - 1:20	Pat Burris - Instructor's Choice		Mike Szejter & Mindy Buehman	Transition Skills	Break \ Kidz Zone	
1:20 - 1:40			Break \ Kidz Zone		Bill Andreas	Matwork Counters and Escapes
1:40 - 2:00	Neil Adams - Kuzushi and Tsukuri		Break \ Kidz Zone		Break \ Kidz Zone	
2:00 - 2:20			MOVIE		MOVIE	
2:20 - 2:40			Break \ Kidz Zone		Break \ Kidz Zone	
2:40 - 3:00	Igor Yakimov - Winning from the Bottom		Luis Togno	Matwork Counters and Escapes	Break \ Kidz Zone	
3:00 - 3:20			Break \ Kidz Zone		Neil Adams	Throwing Fundamentals
3:20 - 3:40	Luis Togno - Instructor's Choice		Break \ Kidz Zone		Break \ Kidz Zone	
3:40 - 4:00			Neil Adams	Turning the Turtle	Break \ Kidz Zone	
4:00 - 4:20			Break \ Kidz Zone		Jimmy Riggs & Chris Shell	Throwing Counters & Combinations
4:20 - 4:40	Break \ Kidz Zone		Break \ Kidz Zone		Break \ Kidz Zone	
4:40 - 5:00	Break \ Kidz Zone		Break \ Kidz Zone		Break \ Kidz Zone	
5:00 - 6:30	Supper served @ Golden Corral		Supper served @ Golden Corral		Supper served @ Golden Corral	
6:30 - 7:20	Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori		Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori		Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori	
7:30 - 8:20						
8:20 - 8:30	Line-Up		LineUp		Line-Up	
8:45 - 9:45	Coaches' Hour at Bentley's Dutch Treat		Coaches' Hour at Bentley's Dutch Treat		Coaches' Hour at Bentley's Dutch Treat	


FRIDAY

 FRIDAY	Judo Senior Mat #1 Pat Szejter		Kids 6-7 Red Mat Mike Szejter & Bill Andreas		Kids 8-10 Blue Mat Mike Szejter & Bill Andreas			
	Instructor	Subject	Instructor	Subject	Instructor	Subject		
Morning								
9:00 - 9:20	Line-Up (Bow In)		LineUp (Bow In)		Line-Up (Bow In)			
9:20 - 9:40	Neil Adams		Break \ Kidz Zone		Bill Andreas			
9:40 - 10:00	Kenka Yotsu (Right vs Left grips)		Gus Carper	Throwing Fundamentals	Throwing Fundamentals			
10:00 - 10:20	Pat Burris - Attacking the Turtle		Break \ Kidz Zone		Break \ Kidz Zone			
10:20 - 10:40			Mike Szejter & Mindy Buehman		Neil Adams			
10:40 - 11:00			Matwork Counters and Escapes		Turning the Turtle			
11:00 - 11:20	Igor Yakimov - Passing the Legs		Break \ Kidz Zone		Break \ Kidz Zone			
11:20 - 11:40			Tom Reiff		Gus Carper			
11:40 - Noon			Instructor's Choice		Gripping and Controlling			
Noon - 12:20	Lunch on site		Lunch on site		Lunch on site			
12:20 - 12:40								
12:40 - 1:00								
1:00 - 1:20	Pat Burris - Transition Skills (Standing to Mat)		Neil Adams		Break \ Kidz Zone			
1:20 - 1:40			Turning the Turtle		Darian Stokes			
1:40 - 2:00			Break \ Kidz Zone		Matwork Counters and Escapes			
2:00 - 2:20	Neil Adams - Matwork Entry Methods (Juji Gatame, Kansetsu & Shime Waza)		MOVIE		Break \ Kidz Zone			
2:20 - 2:40					Break \ Kidz Zone		MOVIE	
2:40 - 3:00					Break \ Kidz Zone			
3:00 - 3:20	Igor Yakimov - Matwork Combinations		Pete Pukish & John Penn		Break \ Kidz Zone			
3:20 - 3:40			Matwork Fundamentals		Mike Szejter & Mindy Buehman			
3:40 - 4:00			Break \ Kidz Zone		Matwork Fundamentals			
4:00 - 4:20	Neil Adams - Turning the Turtle		Bill Andreas		Break \ Kidz Zone			
4:20 - 4:40			Transition Skills		Igor Yakimov			
4:40 - 5:00			Break \ Kidz Zone		Passing the Legs			
5:00 - 6:30	Supper served @ Golden Corral		Supper served @ Golden Corral		Supper served @ Golden Corral			
6:30 - 7:20	Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori		Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori		Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori			
7:30 - 8:20								
8:20 - 8:30	Line-Up		LineUp		Line-Up			
8:45 - 9:45	Coaches' Hour at Bentley's Dutch Treat							

SATURDAY

 Saturday Morning	Judo Senior Mat #1 Pat Szejter		Kids 6-7 Red Mat Mike Szejter & Bill Andreas		Kids 8-10 Blue Mat Mike Szejter & Bill Andreas	
	Instructor	Subject	Instructor	Subject	Instructor	Subject
9:00 - 9:20	Line-Up (Bow In)		LineUp (Bow In)		Line-Up (Bow In)	
9:20 - 9:40	Igor Yakimov - Turning the Turtle		Break \ Kidz Zone		Neil Adams	Matwork Fundamentals
9:40 - 10:00			Bill Andreas	Throwing Fundamentals		
10:00 - 10:20			Stan Wentz - Kenka Yotsu		Break \ Kidz Zone	
10:20 - 10:40	Mike Szejter & Mindy Buehman	Transition Skills			Break \ Kidz Zone	
10:40 - 11:00	Neil Adams - How to develop Tokui Waza (i.e. Tai Otoshi, Uchi Mata, etc.)				Break \ Kidz Zone	
11:00 - 11:20			Darian Stokes	Instructor's Choice	Break \ Kidz Zone	
11:20 - 11:40			Lunch on site		Lunch on site	
11:40 - Noon	Break \ Kidz Zone				Break \ Kidz Zone	
Noon - 12:20	Neil Adams Shiai Tactics (What works/What doesn't)				Tom Reiff	Throwing Counters & Combinations
12:20 - 12:40			Break \ Kidz Zone		Break \ Kidz Zone	
12:40 - 1:00			MOVIE		MOVIE	
1:00 - 1:20	Virgil Bowles - Triangle and other Chokes		Break \ Kidz Zone		Break \ Kidz Zone	
1:20 - 1:40			Neil Adams	Matwork Fundamentals	Bill Andreas	Turning the Turtle
1:40 - 2:00			Pat Burris	Standing Tactics of International Players		
2:00 - 2:20	Neil Adams - Winning from the Bottom		Break \ Kidz Zone		Mike Szejter & Mindy Buehman	Passing the Legs
2:20 - 2:40			Pete Pukish & John Penn	Turning the Turtle		
2:40 - 3:00			Supper served @ Golden Corral		Supper served @ Golden Corral	
3:00 - 3:20	Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori		Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori		Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori	
3:20 - 3:40			Break \ Kidz Zone		Break \ Kidz Zone	
3:40 - 4:00	Line-Up		LineUp		Line-Up	
4:00 - 4:20	Coaches' Hour at Bentley's Dutch Treat		Coaches' Hour at Bentley's Dutch Treat		Coaches' Hour at Bentley's Dutch Treat	
4:20 - 4:40			Break \ Kidz Zone		Break \ Kidz Zone	
4:40 - 5:00	Line-Up		LineUp		Line-Up	
5:00 - 6:30	Supper served @ Golden Corral		Supper served @ Golden Corral		Supper served @ Golden Corral	
6:30 - 7:20	Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori		Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori		Campers' Choice (You make specific requests to the instructor of your choice) & Open Randori	
7:30 - 8:20			Break \ Kidz Zone		Break \ Kidz Zone	
8:20 - 8:30	Line-Up		LineUp		Line-Up	
8:45 - 9:45	Coaches' Hour at Bentley's Dutch Treat		Coaches' Hour at Bentley's Dutch Treat		Coaches' Hour at Bentley's Dutch Treat	

SUNDAY

 Sunday Morning	Judo Senior Mat #1 Pat Szejter		Kids 6-7 Red Mat Mike Szejter & Bill Andreas		Kids 8-10 Blue Mat Mike Szejter & Bill Andreas	
	Instructor	Subject	Instructor	Subject	Instructor	Subject
	Line-Up (Bow In)		LineUp (Bow In)		Line-Up (Bow In)	
9:00 - 9:20	Neil Adams - Instructor's Choice		Break \ Kidz Zone		Bill Andreas	Passing the Legs
9:20 - 9:40	Igor Yakimov - Instructor's Choice		Mike Szejter & Mindy Buehman	Matwork Fundamentals	Break \ Kidz Zone	
9:40 - 10:00			Break \ Kidz Zone		Mike Szejter & Mindy Buehman	Matwork Fundamentals
10:00 - 10:20	Pat Burris - Instructor's Choice		Neil Adams	Throwing Fundamentals	Break \ Kidz Zone	
10:20 - 10:40			Break \ Kidz Zone		Neil Adams	Throwing Fundamentals
10:40 - 11:00			Bill Andreas	Instructor's Choice	Neil Adams	Throwing Fundamentals
11:00 - 11:20			Break \ Kidz Zone			
11:20 - 11:40						
11:40 - Noon						
Noon	Bow OUT !!		Bow OUT !!		Bow OUT !!	

THURSDAY

Thursday	Kata Mat TBD Vic Reavis		Kata Mat TBD Vic Reavis		Referee Classroom TBD N Goodly/D Rucker		Coaching Classrooms TBD Stan Wentz		Rank Testing TBD Gary Monto	
	Instructor	Subject	Instructor	Subject	Instructor	Subject	Instructor	Subject	Instructor	Subject
Morning	Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)	
9:00 - 9:20	Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)	
9:20 - 9:40	Kata Team led by Virgil Bowles	Katame No Kata	Kata Team led by Virgil Bowles	Itsutsu No Kata Ju No Kata			See Stan Wentz for specifics		Sign up to be tested Gary Monto & Dave Parritt	
9:40 - 10:00										
10:00 - 10:20										
10:20 - 10:40										
10:40 - 11:00										
11:00 - 11:20										
11:20 - 11:40										
11:40 - Noon										
Noon - 12:20	Lunch on site		Lunch on site		Lunch on site		Lunch on site		Lunch on site	
12:20 - 12:40	Lunch on site		Lunch on site		Lunch on site		Lunch on site		Lunch on site	
12:40 - 1:00	Lunch on site		Lunch on site		Lunch on site		Lunch on site		Lunch on site	
1:00 - 1:20	Kata Team led by Virgil Bowles	Katame No Kata	Kata Team led by Virgil Bowles	Itsutsu No Kata Ju No Kata			See Stan Wentz for specifics		Sign up to be tested Gary Monto & Dave Parritt	
1:20 - 1:40										
1:40 - 2:00										
2:00 - 2:20										
2:20 - 2:40										
2:40 - 3:00										
3:00 - 3:20										
3:20 - 3:40										
3:40 - 4:00										
4:00 - 4:20										
4:20 - 4:40					Nick Goodly & Dana Rucker		Classroom Time for Referee			
4:40 - 5:00					Nick Goodly & Dana Rucker		Classroom Time for Referee			
5:00 - 6:30	Supper served @ Golden Corral		Supper served @ Golden Corral				Supper served @ Golden Corral			
6:30 - 7:20	Kata Testing		Kata Testing		Nick Goodly & Dana Rucker		Practical evaluation on Randori mats		Gary Monto & Dave Parritt	
7:30 - 8:20	Kata Testing		Kata Testing		Nick Goodly & Dana Rucker		Practical evaluation on Randori mats		Gary Monto & Dave Parritt	
8:20 - 8:30	Line-Up		Line-Up		Line-Up		Line-Up		Line-Up	
8:45 - 9:45	Coaches' Hour at Bentley's Dutch Treat									

FRIDAY


FRIDAY	Kata Mat TBD Vic Reavis		Kata Mat TBD Vic Reavis		Referee Classroom TBD N Goodly/D Rucker		Coaching Classrooms TBD Stan Wentz		Rank Testing TBD Gary Monto			
	Instructor	Subject	Instructor	Subject	Instructor	Subject	Instructor	Subject	Instructor	Subject		
Morning	Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)			
9:00 - 9:20	Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)			
9:20 - 9:40	Kata Team led by Virgil Bowles	Koshiki No Kata	Kata Team led by Virgil Bowles	Goshin Jutsu No Kata			See Stan Wentz for specifics		Sign up to be tested Gary Monto & Dave Parritt			
9:40 - 10:00												
10:00 - 10:20												
10:20 - 10:40												
10:40 - 11:00												
11:00 - 11:20												
11:20 - 11:40												
11:40 - Noon												
Noon - 12:20	Lunch on site		Lunch on site		Lunch on site		Lunch on site		Lunch on site			
12:20 - 12:40	Lunch on site		Lunch on site		Lunch on site		Lunch on site		Lunch on site			
12:40 - 1:00	Lunch on site		Lunch on site		Lunch on site		Lunch on site		Lunch on site			
1:00 - 1:20	Kata Team led by Virgil Bowles	Koshiki No Kata	Kata Team led by Virgil Bowles	Goshin Jutsu No Kata			USJA Friday 1PM-5PM (Stan Wentz)	Coaching Level E	Sign up to be tested Gary Monto & Dave Parritt			
1:20 - 1:40												
1:40 - 2:00												
2:00 - 2:20												
2:20 - 2:40												
2:40 - 3:00												
3:00 - 3:20												
3:20 - 3:40												
3:40 - 4:00												
4:00 - 4:20												
4:20 - 4:40					Nick Goodly & Dana Rucker		Classroom Time for Referee					
4:40 - 5:00					Nick Goodly & Dana Rucker		Classroom Time for Referee					
5:00 - 6:30	Supper served @ Golden Corral		Supper served @ Golden Corral				Supper served @ Golden Corral					
6:30 - 7:20	Kata Testing		Kata Testing		Nick Goodly & Dana Rucker		Practical evaluation on Randori mats		Coaching Practical Evaluation		Gary Monto & Dave Parritt	
7:30 - 8:20												
8:20 - 8:30	Line-Up		Line-Up		Line-Up		Line-Up		Line-Up			
8:45 - 9:45	Coaches' Hour at Bentley's Dutch Treat											

SATURDAY

Saturday	Kata Mat TBD Vic Reavis		Kata Mat TBD Vic Reavis		Referee Classroom TBD N Goodly/D Rucker		Coaching Classrooms TBD Stan Wentz		Rank Testing TBD Gary Monto			
	Instructor	Subject	Instructor	Subject	Instructor	Subject	Instructor	Subject	Instructor	Subject		
Morning	Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)			
9:00 - 9:20	Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)			
9:20 - 9:40	Kata Team led by Virgil Bowles	Nage No Kata	Ed Szrejter Sensei & Dr. Charles	Renraku No Kata					Sign up to be tested Gary Monto & Dave Parritt			
9:40 - 10:00												
10:00 - 10:20												
10:20 - 10:40												
10:40 - 11:00												
11:00 - 11:20												
11:20 - 11:40												
11:40 - Noon												
Noon - 12:20	Lunch on site		Lunch on site		Lunch on site		Lunch on site		Lunch on site			
12:20 - 12:40	Lunch on site		Lunch on site		Lunch on site		Lunch on site		Lunch on site			
12:40 - 1:00	Lunch on site		Lunch on site		Lunch on site		Lunch on site		Lunch on site			
1:00 - 1:20	Kata Team led by Virgil Bowles	Nage No Kata	Ed Szrejter Sensei & Dr. Charles	Renraku No Kata					Sign up to be tested Gary Monto & Dave Parritt			
1:20 - 1:40												
1:40 - 2:00												
2:00 - 2:20												
2:20 - 2:40												
2:40 - 3:00												
3:00 - 3:20												
3:20 - 3:40												
3:40 - 4:00												
4:00 - 4:20												
4:20 - 4:40					Nick Goodly & Dana Rucker		Classroom Time for Referee					
4:40 - 5:00												
5:00 - 6:30	Supper served @ Golden Corral		Supper served @ Golden Corral				Supper served @ Golden Corral					
6:30 - 7:20	Kata Testing		Kata Testing		Nick Goodly & Dana Rucker		Practical evaluation on Randori mats		Coaching Practical Evaluation		Gary Monto & Dave Parritt	
7:30 - 8:20												
8:20 - 8:30	Line-Up		Line-Up		Line-Up		Line-Up		Line-Up			
8:45 - 9:45	Coaches' Hour at Bentley's Dutch Treat											

SUNDAY

Sunday	Kata Mat TBD Vic Reavis		Kata Mat TBD Vic Reavis		Referee Classroom TBD N Goodly/D Rucker		Coaching Classrooms TBD Stan Wentz		Rank Testing TBD Gary Monto	
	Instructor	Subject	Instructor	Subject	Instructor	Subject	Instructor	Subject	Instructor	Subject
Morning										
9:00 - 9:20	Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)	
9:20 - 9:40									Gary Monto & Dave Parritt	
9:40 - 10:00										
10:00 - 10:20										
10:20 - 10:40										
10:40 - 11:00										
11:00 - 11:20										
11:20 - 11:40										
11:40 - Noon										
Noon	Bow OUT !!		Bow OUT !!		Bow OUT !!		Bow OUT !!		Bow OUT !!	



 Thursday Morning	Other Martial Arts Senior Mat A Ken Nazemetz & Tom Ryan		Other Martial Arts Senior Mat B Ken Nazemetz & Tom Ryan		Other Martial Arts Senior Mat C Ken Nazemetz & Tom Ryan		Thursday Morning
	Instructor	Subject	Instructor	Subject	Instructor	Subject	
9:00 - 9:20	Line-Up (Bow In)		Line-Up (Bow In)		Line-Up (Bow In)		9:00 - 9:20
9:20 - 9:40	Luis Togno	Brazilian Jujitsu	Ken Nazemetz	Knife and Fist	Aaron Blackwell	Kyudo	9:20 - 9:40
9:40 - 10:00							9:40 - 10:00
10:00 - 10:20	Igor Yakimov	Sambo	Tom Reiff	Cane	Richard Porro	Instructor's Choice	10:00 - 10:20
10:20 - 10:40							10:20 - 10:40
10:40 - 11:00							10:40 - 11:00
11:00 - 11:20	Gerard Trawinski	Hand to Hand Combat	Luis Togno	Ground escapes	Tom Ryan	Joint Locks	11:00 - 11:20
11:20 - 11:40							11:20 - 11:40
11:40 - Noon							11:40 - Noon
Noon - 12:20 12:20 - 12:40 12:40 - 1:00	Lunch on site		Lunch on site		Lunch on site		Noon - 12:20 12:20 - 12:40 12:40 - 1:00
1:00 - 1:20	Virgil Bowles	Finger Locks	Dave Wojcik	Wrestling	Jason Tacker	Kuk Sul Woon	1:00 - 1:20
1:20 - 1:40							1:20 - 1:40
1:40 - 2:00							1:40 - 2:00
2:00 - 2:20	Kevin Flynn	Instructor Choice	Dave Parritt	Takedowns	Tom Ryan	Healing	2:00 - 2:20
2:20 - 2:40							2:20 - 2:40
2:40 - 3:00							2:40 - 3:00
3:00 - 3:20	Aaron Blackwell	Aikido	Ken Nazemetz	All choked up			3:00 - 3:20
3:20 - 3:40							3:20 - 3:40
3:40 - 4:00							3:40 - 4:00
4:00 - 4:20	Igor Yakimov	Sambo strikes	Randy Lentz	Judo Throws before 1882			4:00 - 4:20
4:20 - 4:40							4:20 - 4:40
4:40 - 5:00							4:40 - 5:00
5:00 - 6:30	Supper served @ Golden Corral		Supper served @ Golden Corral		Supper served @ Golden Corral		5:00 - 6:30
6:30 - 7:20	Igor Yakimov & Luis Togno	Team Teach					6:30 - 7:20
7:30 - 8:20							7:30 - 8:20
8:20 - 8:30	LineUp		Line-Up		Line-Up		8:20 - 8:30
8:45 - 9:45	Coaches' Hour at Bentley's Dutch Treat						8:45 - 9:45

 FRIDAY	Other Martial Arts Senior Mat A Ken Nazemetz & Tom Ryan		Other Martial Arts Senior Mat B Ken Nazemetz & Tom Ryan		Other Martial Arts Senior Mat C Ken Nazemetz & Tom Ryan		Thursday
	Morning	Instructor	Subject	Instructor	Subject	Instructor	Subject
9:00 - 9:20	LineUp (Bow In)		LineUp (Bow In)		LineUp (Bow In)		9:00 - 9:20
9:20 - 9:40	Ed Griffin	Nage	Hal Zeidman	Kendo	Aaron Blackwell	Kyudo	9:20 - 9:40
9:40 - 10:00							9:40 - 10:00
10:00 - 10:20	Igor Yakimov	Sambo Leg Locks	Ben Bergwerf	Combat Judo	Tom Reiff	Instructor's Choice	10:00 - 10:20
10:20 - 10:40							10:20 - 10:40
10:40 - 11:00							10:40 - 11:00
11:00 - 11:20	Ed Griffin	Combinations	Dave Wojcik	Wrestling takedowns	Tom Ryan	Sighting down the weapon	11:00 - 11:20
11:20 - 11:40							11:20 - 11:40
11:40 - Noon							11:40 - Noon
Noon - 12:20	Lunch on site		Lunch on site		Lunch on site		Noon - 12:20
12:20 - 12:40	Lunch on site		Lunch on site		Lunch on site		12:20 - 12:40
12:40 - 1:00	Lunch on site		Lunch on site		Lunch on site		12:40 - 1:00
1:00 - 1:20	Ken Nazemetz	Jeet Kune Do	Dave Parritt	Arm Bars	Hal Zeidman	Essence of Midori-Ryu Ju Jitsu	1:00 - 1:20
1:20 - 1:40							1:20 - 1:40
1:40 - 2:00							1:40 - 2:00
2:00 - 2:20	Pete Pukish	Instructor Choice	Gerard Trawinski	Escape and evade	Tom Ryan	Healing	2:00 - 2:20
2:20 - 2:40							2:20 - 2:40
2:40 - 3:00							2:40 - 3:00
3:00 - 3:20	Aaron Blackwell	Aikido	Tim Boykin	Isshin Ryu	Luis Togno	BJJ armbars	3:00 - 3:20
3:20 - 3:40							3:20 - 3:40
3:40 - 4:00							3:40 - 4:00
4:00 - 4:20	Pete Pukish	Locking the frame	Ken Nazemetz	Hand immobilization attacking	Tom Ryan	Combination on the ground	4:00 - 4:20
4:20 - 4:40							4:20 - 4:40
4:40 - 5:00							4:40 - 5:00
5:00 - 6:30	Supper served @ Golden Corral		Supper served @ Golden Corral		Supper served @ Golden Corral		5:00 - 6:30
6:30 - 7:20	Pete Pukish	The science of Kicking	Igor Yakimov	Sambo	Jujitsu Meeting		6:30 - 7:20
7:30 - 8:20		Open Mat		Open Mat	Jujitsu Meeting		7:30 - 8:20
8:20 - 8:30	Line-Up		Line-Up		Line-Up		8:20 - 8:30
8:45 - 9:45	Coaches' Hour at Bentley's Dutch Treat						8:45 - 9:45

 Saturday	Other Martial Arts Senior Mat A Ken Nazemetz & Tom Ryan		Other Martial Arts Senior Mat B Ken Nazemetz & Tom Ryan		Other Martial Arts Senior Mat C Ken Nazemetz & Tom Ryan		Thursday
	Morning	Instructor	Subject	Instructor	Subject	Instructor	Subject
9:00 - 9:20	LineUp (Bow In)		LineUp (Bow In)		LineUp (Bow In)		9:00 - 9:20
9:20 - 9:40	Ben Bergwerf	Military Arts	Ed Griffin	Going at 22.5 degrees	Aaron Blackwell	Kyudo	9:20 - 9:40
9:40 - 10:00							9:40 - 10:00
10:00 - 10:20	Dave Parritt	How, when, where	Tom Reiff	All Choked up	Pete Pukish	Bring it On!	10:00 - 10:20
10:20 - 10:40							10:20 - 10:40
10:40 - 11:00	Ed Griffin	Control tactics	Ken Nazemetz	Entering to trapping to grappling	Igor Yakimov	The real secrets	10:40 - 11:00
11:00 - 11:20							11:00 - 11:20
11:20 - 11:40							11:20 - 11:40
11:40 - Noon							11:40 - Noon
Noon - 12:20 12:20 - 12:40 12:40 - 1:00	Lunch on site		Lunch on site		Lunch on site		Noon - 12:20 12:20 - 12:40 12:40 - 1:00
1:00 - 1:20	Pete Pukish	Ouch!	Hal Zeidman	Kendo	Tom Ryan	Oku combinations	1:00 - 1:20
1:20 - 1:40							1:20 - 1:40
1:40 - 2:00	Ken Nazemetz	Boxing hands	Dave Wojcik	Wrestling joint submissions	Tom Ryan	Healing	1:40 - 2:00
2:00 - 2:20							2:00 - 2:20
2:20 - 2:40							2:20 - 2:40
2:40 - 3:00							2:40 - 3:00
3:00 - 3:20	Virgil Bowles	Joint lock combinations	Igor Yakimov / Ben Bergwerf	The whole ball of wax	Pete Pukish	!?!%	3:00 - 3:20
3:20 - 3:40							3:20 - 3:40
3:40 - 4:00	Gerard Trawinski	Ground and pound	Hal Zeidman	Multiple Attackers	Aaron Blackwell	Aikido wrist	3:40 - 4:00
4:00 - 4:20							4:00 - 4:20
4:20 - 4:40							4:20 - 4:40
4:40 - 5:00							4:40 - 5:00
5:00 - 6:30	Supper served @ Golden Corral		Supper served @ Golden Corral		Supper served @ Golden Corral		5:00 - 6:30
6:30 - 7:20	Pete Pukish & Tom Ryan	Let the good times roll!			Hal Zeidman	Kendo Shiai	6:30 - 7:20
7:30 - 8:20	Igor Yakimov	Instructor Choice			Mitch Kobylanski	Isshin Ryu	7:30 - 8:20
8:20 - 8:30	Line-Up		Line-Up		Line-Up		8:20 - 8:30
8:45 - 9:45	Coaches' Hour at Bentley's Dutch Treat						8:45 - 9:45

SUNDAY

SUNDAY

 Sunday	Other Martial Arts Senior Mat A Ken Nazemetz & Tom Ryan		Other Martial Arts Senior Mat B Ken Nazemetz & Tom Ryan		Other Martial Arts Senior Mat C Ken Nazemetz & Tom Ryan		 Thursday
Morning	Instructor	Subject	Instructor	Subject	Instructor	Subject	Morning
9:00 - 9:20	LineUp (Bow In)		LineUp (Bow In)		LineUp (Bow In)		9:00 - 9:20
9:20 - 9:40	Gerard Trawinski	Knife	Dave Parritt	Combat Judo			9:20 - 9:40
9:40 - 10:00							9:40 - 10:00
10:00 - 10:20	Tom Ryan	Up down and all around	Tom Reiff	Judo pins			10:00 - 10:20
10:20 - 10:40							10:20 - 10:40
10:40 - 11:00							10:40 - 11:00
11:00 - 11:20	Igor Yakimov	In Summary					11:00 - 11:20
11:20 - 11:40							11:20 - 11:40
11:40 - Noon							11:40 - Noon
Noon	Bow OUT !!		Bow OUT !!		Bow OUT !!		Noon